

Name:



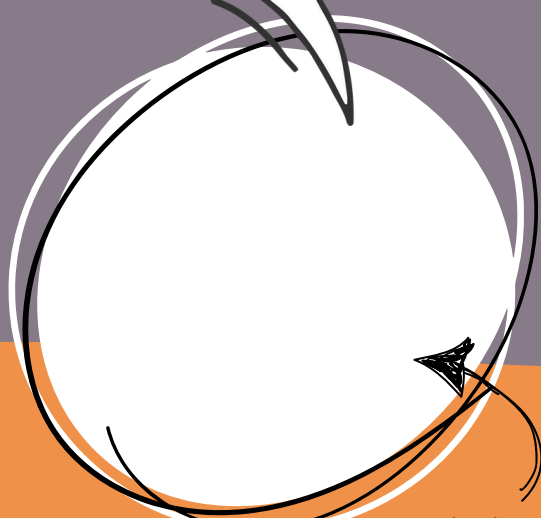
Mentoring for schools

# All about Respect

# All About Respect

My name is \_\_\_\_\_  
and I'm \_\_\_\_\_ years old.

I'm in the year \_\_\_\_\_



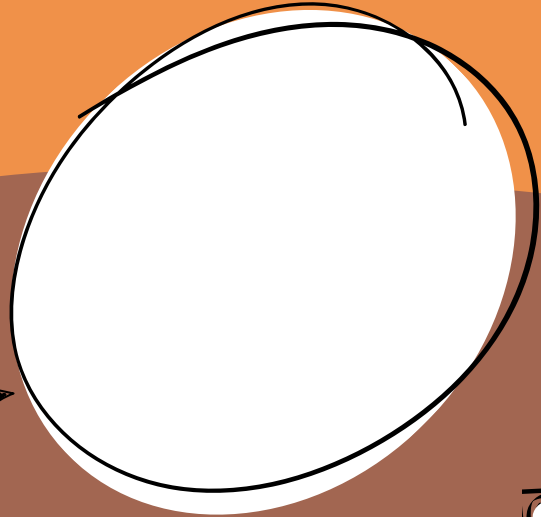
This is me!

What is respect?

Respect is treating others the way you want to be treated, and valuing their opinions and feelings.

Is it easy to show respect?  
\_\_\_\_\_

Should we be respectful to everyone? Why?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



When have you shown respect and who to!

Write 3 respectful things people have done for you.

- \* \_\_\_\_\_
- \* \_\_\_\_\_
- \* \_\_\_\_\_

# Respectful Actions Checklist

Write a simple checklist for showing respect: Below are some examples.

Listen carefully when someone is talking

Say "please" and "thank you"

Wait your turn to talk

## My Strengths Journal

# All About Respect

Write down or draw one positive thing YOU did each day that shows self-respect (e.g., "I tried my best in math," "I ate a healthy snack").

Day 1

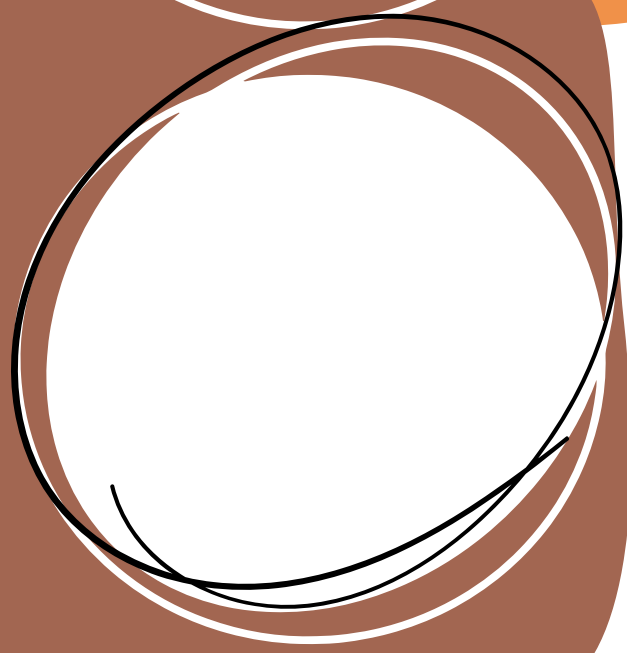
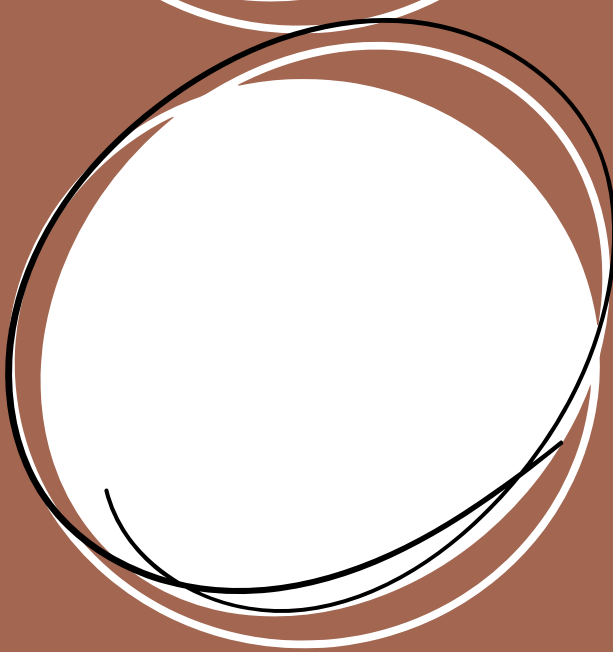
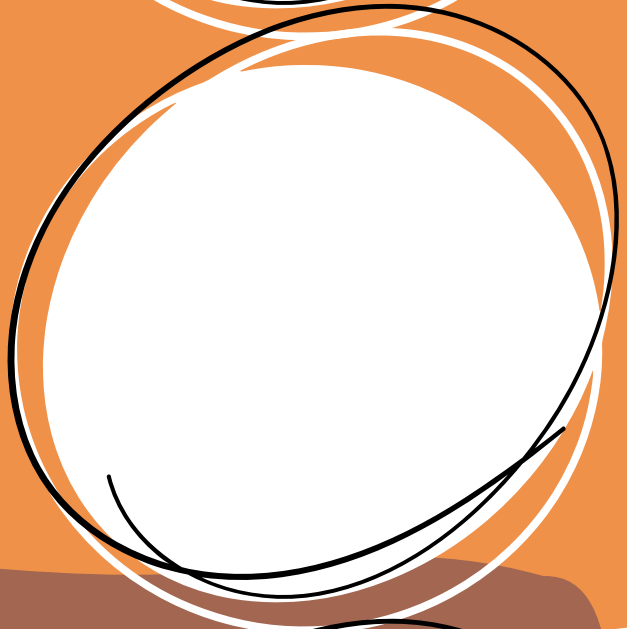
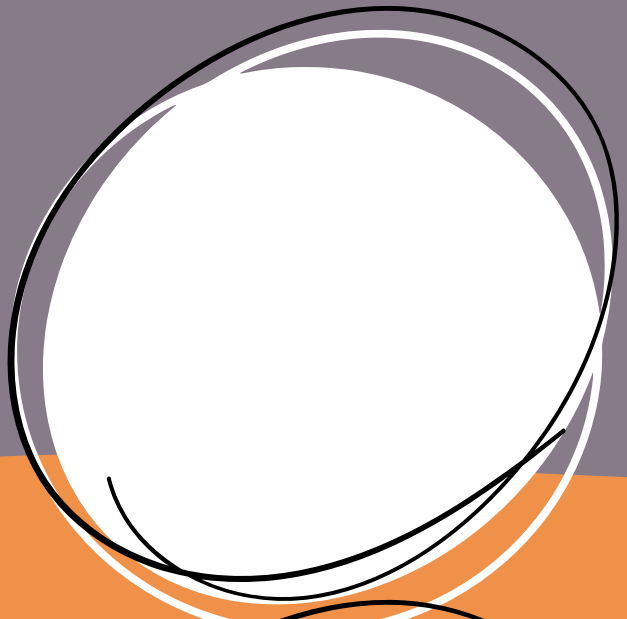
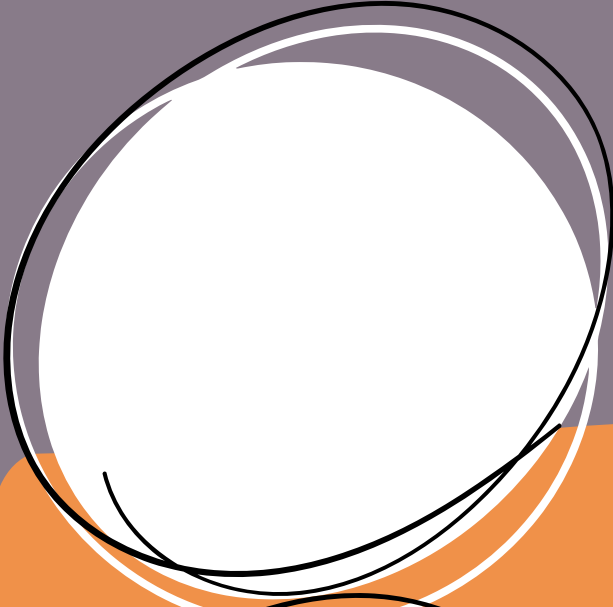
Day 2

Day 3

Day 4

Day 5

Create a comic striping telling us what you did to be respectful on one of yours days from your previous session



# Feelings Chart

Situation	Feeling	Respectful response
Someone takes my toy without asking		
I don't understand my learning		
My friend calls me a mean name.		
I accidentally spill my drink at lunch.		
I see someone being bullied		
I disagree with my teacher's decision.		

# My Awesome self

**It is important to respect yourself as well as respecting others**

My name is

I am .....years old

This who is in my family

This is what is special about me

This is what I love doing

These are the cool things about me

# Rules

Write down your school rules

1

2

3

4

Have a discussion with your mentor why each rule is important so that everyone is respected

Authority means someone who can make decisions often to keep us safe!

Authority Figure Appreciation

Came you list all the authority figures in your life today?

# Respecting the Environment

Draw or write  
what each  
outcome

If we respect our classroom  
this will happen

If we disrespect our classroom  
this will happen

# REVIEW SHEET

What have you learnt from these sessions?

What skill are you going to try?

Do you feel ready for your next adventure after finishing these sessions? Why?